

# PHOENIX CHEER ATHLETICS



## 2023 TURN UP THE HEAT REGISTRATION PACKAGE

# PCA 2023 TURN UP THE HEAT REGISTRATION

Registration is now open for the 1<sup>st</sup> Annual PCA Turn Up The Heat Competition!

## EVENT INFORMATION

### **Date/Time**

Sunday March 19, 2023

Doors open at 10:00am

Competition starts at 11:00am

### **Location/ Facility**

U of M: Investors Group Athletic Centre - 75 Sidney Smith St. Winnipeg, Manitoba

### **Admission**

\$10.00/person

Free – 4 years of age and under

### **What will be included?**

- Placement awards for each competitive routine
- All Star Champion Banners for the top scoring team of each level  
\*only for levels with more than 3 teams
- Grand Champion Banners for overall top scoring Scholastic & All-star Teams  
\*only if multiple divisions
- Instant playback for all routines
- Sprung performance floor and circuit style warm up with a sprung tumble strip
- 50/50 draw
- Candy grams
- Complimentary lunch for coaches
- Judge choice awards

## **REGISTRATION COSTS, PAYMENTS & REFUNDS**

Regular registration is now open with a deadline of **February 5, 2023**. Your registration will not be considered complete until we have received all forms and payment.

### **TEAM Registration (+ GST)**

\$45.00 / athlete – Competitive Team Registration

\$20.00 / athlete- Competitive Team Crossover (1st routine at reg price, 2nd routine at this price (must be under the same team banner)

\$20.00 / athlete - Scholastic

\$12.00 / additional coach (first 2 per team are free)

\$15.00 / athlete- Performance Team Registration (no judging or awards)

### **SPECIALTY Registration (+ GST)**

\$40.00 / routine – Stunt Group

\$25.00 / routine – Duo / Partner Stunt

\$15.00 / routine – Individual

Late registration will be accepted from **February 5, 2023 until February 26, 2023**. Again, your registration will not be considered complete until we have received all forms and payments.

### **LAST CHANCE TEAM Registration (+ GST)**

\$55.00 / athlete – Competitive Team Registration

\$25.00 / athlete- Competitive Team Crossover (1st routine at reg price, 2nd routine at this price (must be under the same team banner to apply)

\$25.00 / athlete - Scholastic

\$12.00 / additional coach (first 2 per team are free)

\$15.00 / athlete- Performance Team Registration (no judging or awards)

### **LAST CHANCE SPECIALTY Registration (+ GST)**

\$50.00 / routine – Stunt Group

\$35.00 / routine – Duo / Partner Stunt

\$25.00 / routine – Individual

No registration will be accepted after **February 26, 2023**

## Payments

We accept cash, cheques or e-transfer for all registrations. Cheques are to be made out to “Phoenix Cheer Athletics” and e-transfers can be sent to [info@phoenixcheerathletics.ca](mailto:info@phoenixcheerathletics.ca), please mark in memo which club or school the payment is for. Registration can be emailed to the above email, or mailed and dropped off at 549 Traverse Road, Ste. Anne, MB R5H 1B2.

## Refunds

Full refunds will be issued up until **February 19, 2023** - no refunds will be issued after this date under any circumstances. Partial refunds will be provided if the event needs to be cancelled for any reason.

## COMPETITION DETAILS

### Rules

The Turn Up the Heat competition is a Cheer Manitoba sanctioned event and follows all Cheer Manitoba competition rules. Please visit [www.cheermanitoba.ca](http://www.cheermanitoba.ca) for details on rules. All Manitoba participants must be registered Cheer Manitoba Members. Out of province teams that are not Cheer Manitoba members are required to provide a liability/appearance/medical release form (regardless of age).

Spotters are not provided during the competition. If spotters are needed, they must be registered and provided by the program / club that requires them (free of charge). All spotters must fill out the liability/appearance/medical release form to participate.

### Warm Up / Performance

The competition follows a circuit based warm up and performance schedule. Each team will be given a designated warm up check in time. Multiple stations will be provided to allow teams to stretch, tumble, stunt and run through their full routine prior to performing. A sprung strip is included in the warm-up circuit. Specialty routines will go through the same circuit (time limits will vary based on event schedule)

### Music

All teams must e-mail their music to [info@phoenixcheerathletics.com](mailto:info@phoenixcheerathletics.com) by **March 5, 2023**. Please ensure that music is **labeled with the team’s name and their division/level**. Teams are encouraged to bring back up music to the competition. All back up music should be on a device connectable with Aux cord. Teams are responsible to provide someone to cue the start of the music for their routine.

### **Performance Schedule**

All teams / clubs will be emailed the performance schedule approximately 1 week prior to the event. A time limit will be given for any requests for review to the performance schedule. PCA will do their best to make sure crossover athletes do not compete back-to-back, however this cannot be guaranteed.

### **Categories / Divisions**

PCA reserves the right to delete, combine or separate divisions /categories based on registration as per Cheer Manitoba rules and regulations. PCA follows Cheer Canada Age grids and Divisions with the exception of those born in 2012 as per Cheer Manitoba.

### **Awards**

- Top 3 will awarded Banners per division
- Level Champs awarded if 2 or more divisions compete at the same level
- Grand Champ awarded
- Judges Choice Specialty Awards

## **ADDITIONAL INFORMATION**

### **Parking**

A University of Manitoba parking map can be found here [2020 Campus Parking Map \(umanitoba.ca\)](http://umanitoba.ca). Most surface lots have free parking on the weekends and there is also a parkade that can be used for a fee. Please pay close attention to signage when you are parking to avoid any lots with reserved spaces.

### **Food & Personal Belongings**

Food and drink will be available for purchase for the duration of the event. No outside food or drinks in the facility. Teams will be given areas to store their belongings however please do not bring any valuables and be aware that PCA and the University of Manitoba are not responsible for any lost, stolen, or misplaced items. Teams are expected to clean their assigned spaces at the end of the event.

### **Advertising & Vendors**

Promotional and advertising materials are not to be distributed without authorization from PCA. Teams or athletes caught doing so will be asked to leave immediately and could result in disqualification from the competition.

Vendors may purchase a display table for a cost of \$30.00 for the duration of the event. All vendor booths must be approved by PCA and paid in advance. No refunds will be issued if a vendor is unable to attend. For more information, please email [info@phoenixcheerathletics.com](mailto:info@phoenixcheerathletics.com).

## REGISTRATION FORMS

### Turn Up the Heat 2023 – Roster Form

A roster form must be completed for each team.

Program/School: \_\_\_\_\_

Contact Name: \_\_\_\_\_ Email: \_\_\_\_\_

Team Name/Mascot: \_\_\_\_\_ Division/Level: \_\_\_\_\_

Please check the box that applies and complete all roster information. Incomplete rosters will not be accepted.

<p><b>All Star</b></p> <p>Competitive Routine <input type="checkbox"/></p> <p>Performance Routine <input type="checkbox"/></p>	<p><b>Scholastic</b></p> <p>Competitive Routine <input type="checkbox"/></p> <p>Performance Routine <input type="checkbox"/></p>	<p><b>Dance/Other</b></p> <p>Pom Routine <input type="checkbox"/></p> <p>Performance Routine <input type="checkbox"/></p>
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Name	Birthdate D/M/Y	Name	Birthdate D/M/Y
1.		16.	
2.		17.	
3.		18.	
4.		19.	
5.		20.	
6.		21.	
7.		22.	
8.		23.	
9.		24.	
10.		25.	
11.		26.	
12.		27.	
13.		28.	
14.		29.	
15.		30.	

**\*\*Please highlight all crossover athletes**

Coaches (2 coaches per team are free)

Name:	Name:
Name:	Name:

\*\* All teams must have a coach in attendance certified to the level at which they are performing. All Manitoba teams / athletes must be registered members of Cheer Manitoba. Coaches need to be in good standing with Cheer Manitoba or their respective province.

**Turn Up the Heat 2023 – Specialty Registration**

**Stunt group/Partner stunt**

No min time.  
Max time: 1 min

**Tumbling Individual/Duo**

No min. time  
Max time: 1:30 min.

**\*\*All Manitoba Teams must be registered members of Cheer Manitoba.\*\***

Team/Club Name: \_\_\_\_\_

<b>Type</b>	<b>Division/Level</b>	<b>Athlete Name(s)</b>	<b>Spotters</b>	<b>Certified Coach</b>



## REGISTRATION FEES

Regular registration (received by February 5, 2023)

Category	# of athletes/groups	Price	Total
Team Registration		\$45.00/athlete	
Performance registration		\$15.00/athlete	
Crossovers		\$20.00/athlete	
Scholastic		\$20.00/athlete	
Additional coaches (2 free per team)		\$12.00/coach	
Specialty - Stunt Group		\$40.00/routine	
Specialty – Duo/Partner Stunt		\$25.00/routine	
Specialty - Individual		\$15.00/routine	

Subtotal ..... \$ \_\_\_\_\_ + GST (5%)

Grand Total..... \$ \_\_\_\_\_

Last Chance registration (received after February 5, 2023)

Category	# of athletes/groups	Price	Total
Team Registration		\$55.00/athlete	
Performance registration		\$25.00/athlete	
Crossovers		\$20.00/athlete	
Scholastics		\$25.00/athlete	
Additional coaches (2 free per team)		\$12.00/coach	
Specialty - Stunt Group		\$50.00/routine	
Specialty – Duo/Partner Stunt		\$35.00/routine	
Specialty - Individual		\$25.00/routine	

Subtotal ..... \$ \_\_\_\_\_ + GST (5%)

Grand Total..... \$ \_\_\_\_\_